



Contact Information



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Lucan, Ontario



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KEN MUNGAR

Technology Manager

As a passionate cybersecurity professional, I have experience in designing Business Continuity Plans, including Business Impact Analysis, and Disaster Recovery Planning. When planning a security risk infrastructure, I use advanced firewall technology, zero trust endpoint protection, and end user training to help me keep my organizations safe.

I am looking for the next challenge for my career, in a role that will allow me to stretch my abilities and vast experience. I am security focused, client oriented and adaptable. I work equally well in teams and independently. I have a diverse amount of experience in the healthcare, construction, veterinary medicine, and mobile technology fields.

Certifications

- (ISC)2 Certified Information Systems Security Professional (CISSP)
- CompTIA A+ and CompTIA Network+

Cybersecurity Experience

- Creation of cybersecurity infrastructure including SonicWALL Firewalls, Xcitium Endpoint Protection, Offsite Backup Strategy, and cybersecurity education
- Design of Business Continuity Plan, Business Impact Analysis and Disaster Recovery Plan
- Ransomware mitigation
- Creation of cybersecurity and information management policies

Information Management Experience

- Manage information technology infrastructure for a hospital and medical centre including 14 servers, 120 computers in a Microsoft enterprise environment.

Project Management Experience

- Project management experience in an information technology, networking, and software deployment.

Data Management Experience

- Manage data reports utilizing J-Reports, IBM Business Intelligence and Reporting Tools (BIRT) and Microsoft Excel

As a proponent of lifelong learning, I regularly participate in technology specific courses and seminars. The combination of my work experience and ongoing commitment to education and training has well prepared me for the level of professionalism, leadership and communication required in the role of a cybersecurity professional.

I look forward to further discussing my qualifications in a personal interview. Please feel free to contact me at your convenience.

Sincerely,
Ken Mungar CISSP (943799)



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Throughout my career, I have developed a comprehensive set of skills in information technology and security management. I have a deep understanding of cybersecurity and the concept of keeping organizations safe and recoverable, and I possess a strong ability to translate complex technology initiatives to non-technology stakeholders. Working side-by-side with leadership teams, I have successfully designed company security infrastructures, continuity planning, impact analysis, and disaster recovery. In addition, I have experience in formulating and implementing security plans, as well as employing networking, endpoint security, policy and procedures, and end user training.

Experiences

Data and Information Technology Manager

Grand Bend Area Community Health Centre - 2012 to current

The Grand Bend Area Community Health Centre started as a small two doctor clinic and evolved into a full-service community health centre with primary care, physiotherapy, diabetes, social work, dietitians, and community groups concentrating on better health.

- I was hired to advance the Grand Bend Area Community Health Centre technology to standards that were consistent with Ontario Health Best Practice. Their technology landscape was rudimentary and needed to be a more advanced environment. So, I designed from the ground up, the infrastructure that was needed to support the organization's strategic plan. The plan was to meet the software requirements for a new electronic medical records system. I reviewed the set forth requirements and built an infrastructure that exceeded the requirement. By doing so, I prepared the future for the next generation of electronic medical records.
- I was tasked with keeping the organization safe from cyber attacks. I started from the outside moving inward. Firewall, endpoint protection, backup strategies, and employee training. Next came the business continuity plan, disaster recovery plan, and the cybersecurity plan. Built into those were policies and procedures, hardening of the systems, and employee training. I believe that with these measures, I have created an infrastructure that is 99% safe. I have created a Cybersecurity plan that is mirrored by other community health centres.
- I am leaving the Grand Bend Area Community Health Centre to advance my career into higher management.



Skills

- Strong leadership and communication skills
- Expert knowledge of information systems, network security, and disaster planning processes
- Extensive cyber risk management and incident response experience
- Administrative resource skills
- Budgeting and financial planning skills
- Industry-related decision-making experience
- A broad range of IT expertise
- Knowledge of government legislations, regulations, and compliance standards
- Ability to develop and implement security policies and teams

Certifications

- (ISC)² Certified Information Systems Security (CISSP 943799) – 2000 to present
- CompTIA - A+ and Network +

Expertise

- Cyber Risk Analysis and Planning
- Business Continuity Planning
- Business Impact Analysis
- Disaster Restoration Planning
- Policy Writing
- Project Management
- Technology Implementation
- Microsoft 365 Management
- Microsoft Azure
- Microsoft Active Directory
- Microsoft Office including Teams, OneDrive and SharePoint

Skills

- Microsoft Server Technologies
- Windows & iOS Platforms
- Firewalls, Switches, VoIP
- WANs, LANs, VPNs
- Microsoft 365 Management
- WAN, LAN, WLAN, VPN Management
- VMware Management

Experiences (Continued)

Information Technology Coordinator

South Huron Hospital Association - 2012 to 2018

The South Huron Hospital Association is a rural community hospital that concentrates on emergent care, inpatient services, primary care, laboratory services, diagnostic imaging, social work, speech language pathology, physiotherapy, and diabetes and dietitian services.

- This was initially a shared position with the Grand Bend Area Community Health Centre. I worked alongside another information technology coordinator to help manage the technology demand of a small rural hospital. When I started at South Huron Hospital Association, the information technology infrastructure was antiquated and mismanaged. Alongside my work mate, we slowly gained control of the environment by assessing all assets that were being used. The immediate assessment indicated that licensing was a top priority. We then moved to endpoints, then an enterprise wireless system, virtual server farm, and finally networking. As for the fast-paced rural hospital environment, we created a unique environment that was stable and ready to meet the needs of today's requirements.
- I was pulled back to the Grand Bend Area Community Health Centre on a fulltime basis, not leaving me the time or resources to assist in the maintenance of South Huron Hospital Association technology needs.

Blackberry Customer Support

Research in Motion - 2011 to 2011

Research in Motion, now know as Blackberry, is a software company that specializes in cybersecurity. They specialize in consulting, and software that is embedded into technologies such as automotive, and device security.

- I accepted employment with Research in Motion to support their client's Blackberry Enterprise Servers in a Microsoft server and IBM Domino server environments.
- I left Research in Motion to pursue an opportunity closer to home.



Education

- **CISSP Boot Camp**
Training Camp - 2021
- **VMware vSphere 5.5**
VMware Training - 2014
- **Custom Networking**
triOS College - 2010 to 2011
- **Project Management**
St. Joseph Healthcare London - 2009
- **eCommerce Developer**
triOS College - 2003 to 2004
- **Business Administration**
St. Clair College - 1993 to 1995

Committee Work

- **Cyber Security Community of Practice**
Cybersecurity Ontario
- 2000 to current
- **Security Community of Practice**
Alliance for Healthier Communities
- 2018 to current
- **Cyber Security Community of Practice**
Huron Perth Area Ontario Health Team
- 2021 to 2022
- **Decision Support Working Group**
Huron Perth Area Ontario Health Team
- 2021 to current
- **IDS Ad Hoc Group**
Huron Perth Area Ontario Health Team
- 2021 to 2023

Experiences (Continued)

Network and Telecom Project Leader

St. Joseph Healthcare London - 2008 to 2010

St. Joseph Health Care London and London Health Sciences Centres were combined to be a world class hospital partnership that serves the region of southwestern Ontario with world class advanced healthcare.

- I worked with a team that was responsible for moving departments to new locations within the hospital and from hospital to hospital. We were responsible for endpoint network configuration while working with facilities planning on departmental layouts.
- I also worked on another team that was responsible for assigning new IP addresses to all connected devices within all hospital's networks.
- My last project for St. Joseph Health Care London was the relocation of the Ivey Eye Institute Low Vision Clinic from the London Health Sciences Centre Victoria Hospital to St. Joseph Healthcare London. One of London's largest reconfigurations of healthcare services, we needed to move a compliment of doctors, support staff, and all their technologies to a new location, giving them state of the art technology service to better serve patient care. Every aspect from the documentation of the technology to making sure phone services were routed to the new facility, to network and equipment configurations were made in a precise and timely matter. All my team's hard work and due diligence paid off with a successful completion of the move.
- My contract was terminated due to the restructuring of Information Technology Service for London Health Sciences Centre and St. Joseph Healthcare London.